

SINGING AT THE SINK

Sing or hum these 15-second jingles
as you lather and scrub!



To the Tune of "I'm Gonna Wash that Man Right Out of My Hair"

I'm gonna take that soap and lather it up
I'm gonna wash those germs from under my nails
I'm gonna wash those germs right off of my hands
And send them down the drain

To the tune of "Hey Jude"

Hey you, go wash your hands
Take some soap and warm water
Remember to scrub all over your skin
Then you begin to make it better

To the tune of "Twinkle, Twinkle Little Star"

Little germ you are so small
But oh how sick you make us all
Soap and water I will use
To keep away colds and flus
Oh how easy it will be
To wash you away from me

THE BEST WAY TO WASH YOUR HANDS:

- Use warm water and liquid soap
- Rub hands together for at least 15 seconds, making lots of suds
- Rinse under warm, running water
- Dry hands with a paper towel
- Use the paper towel to turn off the faucet



**Baystate
Franklin Medical Center**

Hand Hygiene Jingles - written by staff members
at Baystate Franklin Medical Center